

H1N1 Flu Update

September 3, 2009

Dear Parents,

I am sure you have been following the news regarding the H1N1 Flu. The information I have at the moment is that CDC and Public Health expect outbreaks as soon as schools open. Vaccine will probably not be available before mid October. There will be regular seasonal flu vaccine available as early as next week. I am hoping to have a flu shot clinic at school in September, date and time to be announced.

We will be stressing the following prevention techniques at school, and encourage you to help us remind your children:

- frequent and thorough hand washing
- proper technique for sneezing and coughing (in arm/sleeve...not hand)
- careful washing of frequently touched surfaces

It will be very important for both our staff and parents to have good plans in place should they or their children become ill and need to be out of school. **Please be very certain that any fevers are completely gone without the aid of fever reducing medications** before sending your child back to school after an illness.

Thank you for your help!
Jane Bachman RN, MSN
SMSA School Nurse